

KAZIM TRUST

September 2018

What's New

Ambassador Program

Expansion of our Team

Workshop at Kiran Foundation

Social Skills Group

Plantation Day

Welcome to our Newsletter

As part of our mission to increase awareness about ADHD and other learning disabilities we initiated an Ambassador Program where promising students as representatives work to further the mission and values of Kazim Trust to different organizations.

This month we also welcomed on board Ms. Samira Sadiq as our marketing & outreach officer.

The second advanced series of workshops was conducted at Kiran Foundation by the team of our clinical psychologists and remedial therapists on 'Management of ADHD and Learning Disabilities in the Classroom'. The workshop focused on effectively improving teaching strategies for better academic performance in children in classrooms.

To bring awareness of social life skills, a group activity on 'Money concepts' was also conducted. This helped the children at Kazim Trust to understand everyday real-world situations and how to deal with transactions involving the exchange money.

Towards the end of the month, a 'Plantation Day' was also organized with as part of our social outdoor activities. This was with an objective to instill in children the concepts of patience, nurture and the practical application of scientific knowledge.

Ambassador Program

This month we initiated an ‘Ambassador program’ to welcome promising students as representatives to spread the mission and values of Kazim Trust to different organizations. It was a well-defined program and so far, we have received very positive responses from all the locations our ambassadors have visited. We plan to increase the scale of this program and grow the program even more prospectively.

Here is what one of our ambassadors had to say:

“I am completing my IBDP (International baccalaureate diploma program) from Beacon house. After gaining experience from different organizations, I have come across only few inimitable organizations and Kazim Trust is one of them. I have learned to enhance my skills of effective communication and am truly inspired by the management skills they instilled within me such as dealing with clients and parents to help overcome their challenges.” - Muhammad Hassan



Expansion of our Team

This month we welcomed on board a new member of our team, Ms. Samira Sadiq as our marketing & outreach officer. We wish her all the best with her efforts and are confident that she will be a valuable addition to our team here at Kazim Trust.

SAMIRA SADIQ

Samira Sadiq has studied International relations as a masters student and has also been trained as a social scientist for the last 3 years. She has been affiliated with social marketing platforms and has also been certified as a Display AdWords specialist by Google.

Working in the training and developmental field within numerous communities, she has been spreading the voice of many through social media channels such

as Facebook, Twitter and LinkedIn).

Believing in the core need today for an effective social media presence she has also been affiliated with many outreach projects in Pakistan (especially interior Sindh) and in Africa (Dar-es-salaam) to make educational, corporate, governmental and non-governmental organizations realize the need to collaborate for a better world.

She has also worked as a content writer, a professional trainer, a motivational speaker, and as a disability rights activist and is also certified by Google as an advertisement specialist.

We are very pleased to have her as part of our team here at Kazim Trust.



Our marketing & outreach officer Ms. Samira Sadiq

Workshop at Kiran Foundation

The second advanced series of workshop was conducted at Kiran Foundation by the team of our clinical psychologists and therapists on 'Management of ADHD and learning disabilities in the classroom'. The workshop focused exclusively on how teachers could effectively improve their teaching strategies for better academic results in their children.

The workshop was conducted with almost 30 teachers who are working within

an under-privileged area of the city of Karachi and at the end of the workshop there was an open discussion regarding further learning opportunities.



Teachers discussing their personal experiences regarding students with learning disabilities



Our clinical psychologist Ms. Farah Aftab conducting a Q&A session with teachers at Kiran Foundation



Our KT team along with the teachers of Kiran Foundation

Social Skills Group

To improve social life skills, a group activity on 'Money concepts' was conducted. This activity helped participants who were mainly children to understand real-world situations and transactions involving the exchange of money. The activity not only provided more awareness in their lives but also a sense of security as to avoid being manipulated by others.

The activity was conducted with 10 children with real world market setups arranged in the playroom area at Kazim Trust. The kids thoroughly enjoyed the activity and showed a marked improvement in the understanding of the handling and understanding of money at the end of the activity.



Our clinical psychologist Ms. Batool Najam explaining the concept of money.



Our clinical psychologists Ms. Farah Aftab and Ms. Batool Najam along with the kids after a social skills group activity

PLANTATION DAY

Towards the end of the month, a 'Plantation Day' was organized with children as part of our social outdoor activities drive. The children thoroughly enjoyed themselves and expressed a strong desire for more activities like these prospectively. The activity was conducted to instill the concepts of patience, nurture and the all-important practical application of scientific knowledge.

Children experience academic stress, peer pressure, family stress, and life experiences that can leave them feeling overwhelmed. This sense of feeling overwhelmed can lead to behavioral changes such as sadness, tearfulness, aggression, anger, outbursts, and other outward behavior.

Our 'Plantation Day' social skills activity therefore was designed to improve self-esteem and to enhance communication skills and aid in the development of positive friendships and an appreciation of others along with stressing the importance of teamwork.



Our KT team along with interns and children on 'Plantation Day'



Plantation activity as a part of a social skills session

We hope you enjoyed this version of our newsletter. Please check our website for events that we have planned on www.kazimadhdtrust.org

We would love to hear from you.

Please write to us at info@kazimadhdtrust.org if you would like to speak to one of our team members to participate in any future events or would just like some general information on the services Kazim Trust provides.

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